



Maternal Exposures

6825 Cases in the National Birth Defect Registry
May 2026

Maternal Illnesses	Trimester 1	Trimester 2	Trimester 3
CMV	8	11	4
Cold	586	733	410
Covid-19	6	2	2
Epstein Barr Virus	14	20	14
Flu	185	183	113
Genital Herpes	48	46	42
Gestational Diabetes	69	192	226
Headaches	868	828	718
Hepatitis B	5	3	3
Kidney Infection	44	76	44
Migraines	326	329	273
Parvovirus B19	1	1	1
Pneumonia	17	18	18
Polyhydramnios	9	46	80
Preeclampsia	16	53	183
Pregnancy Morning Sickness	1887	988	522
Rubella	12	4	5
Sinus Infection	294	365	226
Sore Throat	200	251	149
Strep B	37	40	104
Strep Throat	31	31	16
Toxemia	15	28	105
Toxoplasmosis	3	2	4
Urinary Tract Infection	234	269	185



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Vaginal/Pelvic Infections	81	66	60
Varicella	0	2	0
Virus	65	77	34
Yeast Infection	231	259	177