



Maternal Exposures

6825 Cases in the National Birth Defect Registry

May 2026

Over the Counter	Trimester 1	Trimester 2	Trimester 3
Acetaminophen	1806	1703	1540
Actifed	27	25	17
Afrin	61	59	59
Aleve	65	38	26
Alka Seltzer Gold	10	4	5
Allegra	2	2	2
Aspirin	217	162	142
Benadryl	240	205	174
Betadine	4	4	5
Bonine	3	4	1
Calcium	546	569	548
Chem Tuss	5	2	2
Chlortrimeton	8	13	4
Chlotrimazole Cream	31	24	21
Citrucel	8	5	5
Claritin	95	83	61
Clotrimazole	1	1	0
Contac	12	8	2
Coricidin	11	6	5
Correctol	10	14	11
Digel	4	3	5
Dimetapp	27	19	13
Dramamine	49	30	11
Dristan	19	20	14



Maternal Exposures

6825 Cases in the National Birth Defect Registry

May 2026

Dristan	7	8	3
Drixoral	4	5	4
Dulcolax	24	33	45
Emetrol	44	24	14
Entex	3	3	1
Ex-Lax	21	14	9
Feenamint	0	2	1
Flonase	47	41	33
Folic Acid	1046	1000	926
Gaviscon	31	36	38
Gyne-Lotrimin	16	10	10
Ibuprofen	322	201	147
Iron Supplements	741	892	953
Maalox	6	8	8
Meclizine	22	18	13
Metamucil	28	37	38
Midol	2	0	0
Milk Of Magnesia	34	43	46
Monistat	103	123	73
Mylanta	133	162	175
Naprosyn	10	8	9
Nasonex	21	21	21
Neosynephrine	8	7	7
Nyquil	54	18	13
Nystatin	13	13	8



Maternal Exposures

6825 Cases in the National Birth Defect Registry

May 2026

Ornade	12	8	6
Otrivin	1	0	2
Pepcid	4	4	4
Pepto Bismol	137	94	72
Prenatal Pregnancy Vitamins	3861	3854	3800
Riopan	9	11	14
Robitussin	102	111	72
Roloids	282	302	320
Scopolamine	5	1	1
Seldane	7	7	3
Senokot	13	20	28
Sinex	6	1	2
Sinutab	16	10	8
Sudafed	271	294	187
Terazol	8	16	11
Theraflu	20	12	3
Triaminic	7	5	1
Tums	932	1134	1130
Tylenol Sinus	98	90	66
Unisom	21	13	13
Valisone	0	0	2
Vicks 44d	18	13	9
Zyrtec	68	47	42